

Strengths-based, Client Centred Practice In Early Intervention Services

Two-day training - Notes provided

A Strengths Based approach to human services views service provision through a social justice framework. It utilises client/family centred practice and develops skill, techniques and processes that focus the belief that change is more likely to be sustained and maintained if strengths and solutions are explored primarily from the client's perspective

Day One:

Principles and Processes

- Overview of our work in Human Services – What do we actually do?
- Beyond our qualifications, what does it take to be an effective worker?
Attitudes and beliefs
- Philosophy of 'Power With'
- Philosophy of Constraints
- Values & Beliefs of Strengths Based, Solution Oriented Practice
- Framework & Processes for Strengths Based, Solution Oriented Conversations

Day Two:

Conversational skills & techniques for solution building

- Noticing & Measuring Change
- Curiosity and enquiry vs. assumptions
- Listening for and identifying exceptions, strengths & resources
- Developing a picture of the future and setting goals
- Solution-oriented questioning
- Work related discussions using the above framework

Bernadette Glass has a passionate belief in the importance and challenge of engaging people in ways that respects their own unique experience, creating a place from which to build on a person's capacities and existing goodness. She has a professional background in nursing and social welfare. Bernadette was part of the original training team at St Luke's Bendigo.